

GLUTEN-FREE • VEGETARIAN • NON-GMO

VITAMIN C COMPLEX

NATURALLY BUFFERED
INDIAN GOOSEBERRY & BIOFLAVONOIDS

Available in 500 mg VEGETARIAN CAPSULES,
and 1000 mg TABLETS

With eight superior forms of vitamin C plus high quality citrus bioflavonoids, PIONEER Vitamin C Complex is perhaps the most comprehensive vitamin C formula ever devised.

Most animals on earth are able to synthesize their own supply of vitamin C, but humans must rely on dietary sources to obtain this key nutrient. An important antioxidant in lung and other tissues, vitamin C is required for a host of biochemical activities including collagen synthesis and wound healing.

CONSIDER THESE ADVANTAGES:

1. Eight Sources to Maximize Bioavailability. In the natural world, vitamin C is found in many different forms, always accompanied by other compounds. While we can't reinvent nature's simple elegance, PIONEER Vitamin C Complex comes close by providing eight different forms of vitamin C. These include five fully-chelated mineral ascorbates, fat-soluble ascorbyl palmitate, Amla (Indian Gooseberry) and free form L-ascorbic acid. Each form respects the natural metabolism of the body. Combined in a dietary supplement, they mirror, as much as possible, the broad array of natural vitamin C forms.

2. Proven Effective Forms. Every year, clinical journals publish hundreds of scientific studies examining the role of vitamin C in humans. Nearly all of this research demonstrates the powerful therapeutic effects of vitamin C, and uses the same forms found in PIONEER Vitamin C Complex.

3. Essential Mineral Polyascorbates For Better Absorption. Fully chelated, mineral ascorbates are produced via a natural water-reaction process using pure USP-grade ascorbic acid and minerals. These fully chelated forms are more absorbable than the commonly used, unreacted dry mix of ascorbic acid and mineral. Polyascorbates are non-acidic (pH neutral) and provide additional levels of needed minerals. The minerals we choose – calcium, magnesium, zinc, potassium and manganese – work synergistically with vitamin C to offer beneficial and supportive therapeutic effects.

4. Ascorbyl Palmitate: Fat-Soluble Vitamin C. Most vitamin C is water-soluble and cannot access the lipid or

fat portions of cells and tissues. Fat-soluble ascorbyl palmitate is both recognized by and has an affinity for these areas, notably cell membranes, and can increase vitamin C uptake in people whose nutrient assimilation is compromised.

5. Naturally Buffered, Gentle on Digestion.

Excessive amounts of pure ascorbic acid may cause an acid condition in the gut and lead to intestinal inflammation, gas, loose bowels and discomfort (acid rejection syndrome). PIONEER Vitamin C Complex is pH balanced (approximately pH 6) and naturally buffered, eliminating digestive disturbance in most individuals.

6. Amla: Vitamin C Strictly from Nature. In the ancient tradition of Ayurvedic medicine, Amla (Indian Gooseberry) is highly revered as an important general tonifying herb, or adaptogen. Amla is also one of the richest natural sources of vitamin C. PIONEER uses a 20:1 standardized extract, the finest and highest guaranteed potency available.

7. 50+ Highly Active, Certified Potency Bioflavonoids.

A bioflavonoid natural extraction process from sweet and bitter orange, lemon and grapefruit makes PIONEER's bioflavonoid complex the most potent (50% flavonones) and pure available anywhere. Many other brands use diluted bioflavonoid mixes (sometimes 1-10% flavonones) or citrus pulp, and unless stated on the label, there is no assurance of potency. Each batch of PIONEER is assayed for flavonone potency and purity.

8. True Full-Disclosure Labeling. All ingredients, their forms, and ratios are fully disclosed on the label of every PIONEER product. Read the label!

Serving size 1 tablet or 2 capsules		
Bottles of 90 & 180 veg. capsules (500 mg)	AMOUNT	%DV
60 & 120 tablets (1000 mg)	PER SERVING	
Vitamin C (from: calcium ascorbate 44%, magnesium ascorbate 29%, potassium ascorbate 21%, zinc ascorbate 2%, manganese ascorbate 0.6%, ascorbic acid 2%, ascorbyl palmitate 1.5%)	1000 mg	1666%
Calcium (ascorbate)	50.5 mg	5%
Magnesium (ascorbate)	35 mg	8%
Zinc (ascorbate)	4 mg	26%
Manganese (ascorbate)	1 mg	50%
Potassium (ascorbate)	45 mg	2%
Amla fruit (Indian Gooseberry) standardized extract Emblica officinalis (2-3% Vitamin C, 50% tannins)	50 mg	*
Citrus Bioflavonoid Complex from	200 mg	*
Flavanones	100 mg	*
Hesperidin	74 mg	*
Rutin, Quercetin & others	26 mg	*
Citrus fiber complex	70 mg	*

* Daily Value (DV) not established.

Other ingredients: Cellulose, silica, vegetable magnesium stearate.
THIS VEGETARIAN PRODUCT CONTAINS NO gluten, wheat, yeast, corn, soy, eggs, dairy, and no added preservatives, colors or flavors. NATURAL MANUFACTURING AGENTS ONLY. 3.03

These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.